

# INNER POWER YOGA®

## REFUND/CANCELLATION POLICY and LIABILITY STATEMENT

### **Teacher Training refund/cancellation policy:**

Before submitting an application to any Inner Power Yoga® education program or workshop, we strongly encourage applicants to consider the time and resource investments required on the path to becoming a yoga teacher, ensuring that the date(s) and time(s) chosen are appropriate for the trainee's schedule.

The specified deposit is due upon registration, and is non-refundable. If accepted, the balance is due by the date indicated in order to hold one's position in the training or workshop. Late fees may be applied to late payments. If one is not accepted into the course, any paid deposit monies will be refunded.

If a student decides that s/he is unable to complete the education program, that student may write an email or letter to the Principle Instructor with a request to withdraw from the program. A 100% refund of the total tuition paid, less the non-refundable deposit, will be returned if withdrawal is received before the program start date. No refunds will be given after the start date of the program.

A student may opt to transfer their registration for the same training held the following year. In this case, a \$50 administrative fee will be charged. Transfers will not be allowed beyond the year following registration date.

We understand that emergencies and other life situations do arise. We recommend that you carefully review your schedule and upcoming obligations to ensure that you can commit fully to the teacher training. Making up hours missed or completing the training during a subsequent offering are options only in the face of extenuating events and will be extended by the Principle Instructor or Inner Power Yoga® Director on a case-by-case basis. In most cases, make up hours will require a \$95 per hour honorarium to the facilitating teacher.

### **Workshop refund/cancellation policy:**

Once you register for a workshop, your space is reserved for you. If you need to cancel, you must contact Inner Power Yoga® (by phone, email, or in person) 72 hours or more before the workshop. You will receive account credit less a \$5 administrative fee.

No credits will be issued within 72 hours of a workshop. If Inner Power Yoga® cancels a workshop you have the choice of a refund or account credit.

# Waiver and Release of Liability

Awareness is fundamental to the practice of Yoga.

**By attending this class or class series, you affirm that you are solely responsible for your health and well-being, as well as your decision to practice yoga, a program of physical exercise. By registering with Inner Power Yoga®, you agree to the following acknowledgement:**

Yoga is more than physical exercise. It is a transformative practice that integrates body, mind and emotional tensions to arrive at deeper levels of relaxation and awareness.

All exercise programs involve a risk of injury. By choosing to participate in this activity, I voluntarily assume a certain risk of injury.

I am voluntarily participating in this activity and at my own risk. I assume all related risks, both known or unknown to me, of my participation in this activity, including travel to, from and during this activity. I agree to inform my yoga instructor of any activities or movements, which I feel could cause injury to myself. I understand that yoga is not recommended and is not safe under certain medical conditions. I do not have any physical conditions or disability that would limit my participation or preclude an exercise program. Inner Power Yoga®, its members, representatives, and affiliates shall not be held liable for any injury, loss or damage to property and/or persons sustained during or as a result of participation in this class. I agree to listen to my body and monitor myself during every class session.

I acknowledge that I have carefully read this “waiver and release” and fully understand that it is a release of liability. I expressly agree to release and discharge Inner Power Yoga®, its members, representatives, and affiliates and all of his/her affiliates, predecessors, teachers, and representatives from any and all claims or causes of action and I agree to voluntarily give up or waive any right that I otherwise have to bring a legal action against Inner Power Yoga®, its members, representatives, and affiliates for personal injury or property damage.

In the event that I should require medical care or treatment, I agree to be financially responsible for any costs incurred as a result of such treatment. I am aware and understand that I should carry my own health insurance.

I, the undersigned participant, affirm that I am of the age of 18 years or older, and that I am freely signing this agreement. I certify that I have read this agreement, that I fully understand its content and that this release cannot be modified orally. I am aware that this is a release of liability and a contract, and that I am signing it of my own free will.